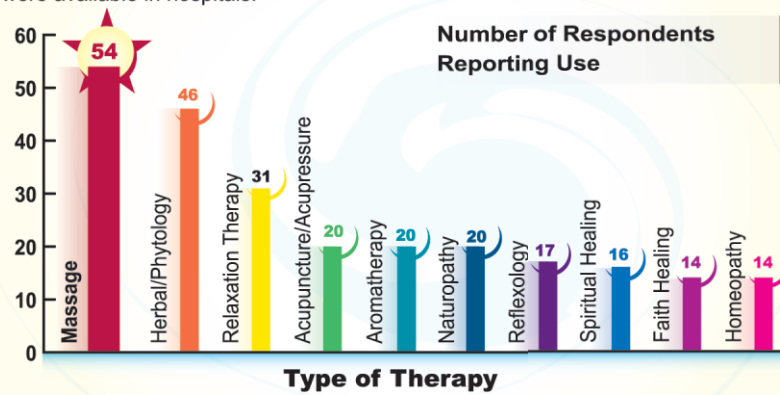


There's Always Time for a Massage

A cross-sectional mail survey of 900 residents of Ontario, Canada revealed that massage therapy was the second most utilized * "holistic therapy." Two-thirds of respondents also said they would feel comfortable using such therapies if they were available in hospitals.



Source: Lewis D, Paterson M, Beckerman S, Sandilands C. Attitudes toward integration of complementary and alternative medicine with hospital-based care. *Journal of Alternative and Complementary Medicine* 2001;7(6), pp681-88

* Chiropractic was the most utilized therapy (84)