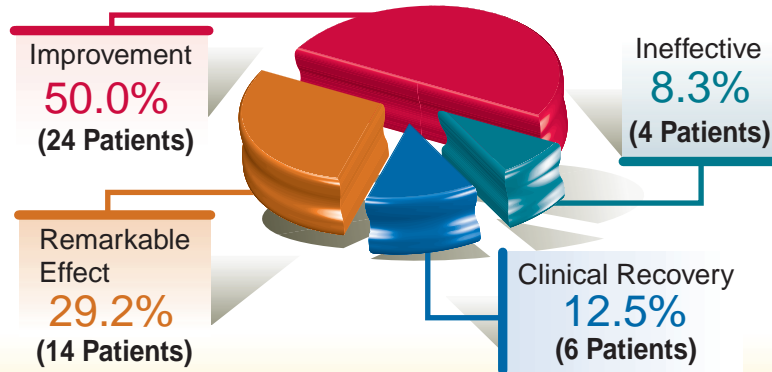


## Massage for Arthritis Patients

In a recent study, 48 patients with rheumatoid arthritis received a combination of massage therapy and acupuncture for pain relief. An overwhelming majority of patients (91.7%) felt the treatment was effective in relieving the symptoms of their condition.

### Results of Treatment:



**SOURCE:** Hong B, Xiaoxiang Y. Treatment of rheumatoid arthritis by warmed needling and massage. *Shanghai Journal of Acupuncture and Moxibustion* 1999;1:33-34.